Objective: place stones in the area in front of the tee line to the top-12-foot.

Process: to improve draw weight

Scoring:
- 2 points - for a successful shot in the Homebase area
- 1 point – stones lies in top-12 foot
- 0 points for tee line or deeper
**IMAGINARY ROCK**

Objective: play an end or two without the thing that often causes us the most trouble: the rock.

Process: to improve feel for weight, visualization skills and strategy.

Scoring: play like a normal end of curling – but without the rock. It is important to use the complete pre-shot routine and shot process. After the imaginary shot, place an actual stone in the house where the time and line of delivery would have placed it.
Objective: place 8 rocks on the tee line: two in the 12-foot, two in the 8-foot, two in the 4-foot, and two on the button.

Process: sweeping is allowed – tactical approach and line calls plus draw weight

Scoring: Two points if the stone comes to rest on the tee line. One point if the stone comes to rest within a stone’s diameter of the tee line. Zero points otherwise.
SWEEPING FINESSE

Objective: to score the maximum number of points in a predetermined time period.

Process: this drill provides practice in teamwork, communication skills, weight judgment, and throwing while fatigued. This is a great conditioning drill.

Scoring: as shown. One point for the 12-foot, two points for the 8-foot, 4 points for the 4-foot, 8 points for the button and 10 points for the pin.
CURLING BOCCE

Objective: to use strategy and to practice the ability to freeze rocks.

Process: sweeping is permitted. Draw, freeze, tap – without removing stones from play.

Scoring: one point scored for each rock closest to the Little Rock (the palina). Each team throws one stone to start, then the team furthest from the palina throws until they are closest. Four or eight stones per team.
No take-outs are permitted.

Objective: to improve draw weight and learn to strategize with rocks in play.

Process: skip and second play against lead and third. Sweeping is permitted. Taps are allowed, but not run-backs.

Scoring: regular curling rules, a variation would be to play the official mixed doubles format.